

## The best spa hotels in Europe

From classic luxury to the new school of eco escapes, these are the pamper spots to book now

BY BRIDGET MARCH, JENNIFER GEORGE AND MEDINA AZALDIN | UPDATED: 06 NOVEMBER 2023

**W**hile we have some exceptional [spa hotels in the UK](#), if you're looking for a little luxury on the continent, you've come to the right place.

For the ultimate wellness holiday – whether you're after classic luxury, clinical guidance, or more of a modern eco escape – there are some standout spa hotels in Europe for a restorative retreat.

Take Les Sources de Caudalie in Bordeaux, which set within rolling vineyards is the ultimate advert for wine and spa tourism. Or, on the flip side, Clinique La Prairie in the Swiss Alps offers services from fasting to facelifts (yes, really). For a taste of the Med, Capri Palace Jumeirah offers both a medical spa and Michelin-starred dining. Or, if you're after a city break with some r 'n' r, Cheval Blanc in Paris boasts the flagship Dior spa – need we say more?

Below, find 17 of the best spa getaways in Europe:

Domaine du mas de Pierre – a Relais & Châteaux property, the South of France



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The French Riviera is known for its glitz and glamour, popping champagne bottles and pumping beach clubs. But just 20 minutes from Nice is a haven of a hotel, offering quiet luxury in the Provençal hills. The 76 bedrooms are spread out across the resort, which feels almost village-like with varying architecture and perfectly manicured gardens, and four swimming pools including one exclusively for adults. This includes the 'lagoon', a little oasis surrounded by sandy 'beaches' and complete with a waterslide for little ones and a Tiki-style bar for grown ups.

In the centre of the resort is its spa, a vast space with twelve treatment rooms, a private pool for spa guests only and sun-drenched terraces to lie the afternoon away on. Their signature treatment, the Volupté massage, is as relaxing as it is effective, combining Lomi Lomi techniques (flowing, rhythmic strokes) and deeper Swedish massage for 90 minutes.

For when all that pampering has worked up an appetite, you have a choice of options from pool side snacks to a fancy tasting menu at fine dining restaurant Table du Pierre. The buffet breakfast is a stand-out, from the homemade burrata to freshly ground hazelnut chocolate spread. If you feel the need to venture outside of the gates, the historic town of Saint Paul de Vence sits just a 15 minute but steep uphill walk (or short transfer, that the hotel will offer) away, where you can explore the many art galleries it's famous for or sip champagne spritzes overlooking the sprawling views. Luckily the tipsy stroll back will be all downhill... - **JG**

*Domaine du mas de Pierre, 2320 Rte des Serres, 06570 Saint-Paul-de-Vence, France*